



# Young Israel of St. Louis

SHABBAT, AUGUST 6<sup>TH</sup> 2016 – FRIDAY AUGUST 12<sup>TH</sup> 2016

2 AV 5776 – 8 AV 5776

SHABBAT MATOT-MASEI

## ANNOUNCEMENT SPONSORS

Sabrina, Hannah, and Jackson Gornish and Larry & Roberta Gornish in honor of Max's last Shabbos as president. We're so proud of everything you've done for the Shul these last two and a half years, but we're excited to have you back to ourselves!

### Friday August 5<sup>th</sup>

Mincha/Ma'ariv ..... 7:00 pm

Candle Lighting ..... 7:49 pm

### Saturday August 6<sup>th</sup>

Hashkama ..... 7:30 am

Chumash Shiur ..... 8:15 pm

Shacharit ..... 9:00 am

*Sof Zman Kri'at Shema* ..... 9:37 am

Pre-Mincha Shiur ..... *no shiur this week*

Mincha ..... 7:40 pm

Shabbat Ends ..... 8:48 pm

**Hashkama Kiddush:** Sponsors invited.

**Kiddush:** Sponsored by the Young Israel Women's Division.

**Seudah Shlishit:** Sponsors invited. Rabbi Yaakov Berkowitz will be speaking, as part of the St Louis Kollel's Yarchei Kallah program.

### Weekday Shacharit

Sunday ..... 8:00 am

Monday, Thursday ..... 6:30 am

Tuesday, Wednesday, Friday ..... 6:40 am

Mincha/Maariv ..... 7:45 pm

**Eruv is – UP**

## TISHA B'AV SCHEDULE

As you know, this year Tisha B'av is a 'postponed' fast, as it falls on Shabbat, and is commemorated next Sunday, August 14<sup>th</sup>. Please see the attached letter outlining many of the unique practices for next Shabbat and Tisha B'av itself, which affect the schedule as well.

### Shabbat August 13<sup>th</sup>/Motzei Shabbat – Tisha B'av

Shabbat afternoon Mincha ..... 5:45 pm

Seudah Shlishit ..... at home (to be completed by 7:57 pm)

Shabbat ends ..... 8:39 pm

Ma'ariv/Eichah (please read attached letter) ..... 9:00 pm

### Sunday, August 14<sup>th</sup> – Tisha B'av Day

Shacharit / Kinot ..... 9:00 am

Shiur – Rabbi Shulman ..... following Kinot (~11:30 am)

Chatzot ..... 1:06 pm

Mincha ..... 7:20 pm

Fast Ends ..... 8:38 pm

## REFUAH SHELAIMAH

Yehoshua Sommer.....היושע בן זהבה  
Ronald Bolker.....ישראל לייב בן סלאווא  
.....יהודה מנחם מענדל בן רשקה  
.....בנימין זעליג בן סלאווא  
.....שמעון יוסף בן צביה  
.....דורון דניאל בן יפה  
.....אליעזר חיים בן פריידע  
.....ישעיה בן רוחמה  
.....ראובן געצל בן זלדה  
.....דוד אהרן בן שיינדל יפה  
.....משה זאב בן אסתר  
.....צביה בת בריינה  
.....רבקה שרה בת בתיה  
.....רחל לאה בת ייטיל  
.....הילה בת פייגא חנה  
.....חיה הדסה זהבה בת לאה רייזא  
.....חיה פייגל בת אלטא דינה  
.....רחל בת חנה  
.....יהודית רחל בת בריינדל יטא  
.....נחמה שרה בת צביה שיינדל  
.....יסמין לאה בת ידידה  
.....שרה ביילה בת גענעשא פעסא  
.....שרה רייזל בת הודא  
.....רחל יהודית בת ביילה  
Rachel Adler.....רחל בת אסתר

## MAZAL TOV

Mazal Tov to Rabbi David & Ariella Hellman and Tuvi, Temima & Ezra on the birth of a son/brother. Mazal Tov to grandparents **Bob & Judy Hellman** and Ben & Shelley Cohen and to great grandmother Molly Hellman.

## SHUL NEWS

**MEMBERSHIP MEETING:** The Membership meeting to elect the new Board of Directors will take place Sunday August 7, 2016 at 10:30 am at Young Israel. Please keep in mind that only members in good standing will be allowed to vote. If you have a question regarding your membership status, contact Max Gornish.

### “AMUD-A-WEEK: THE WHOLE COMMUNITY ON THE SAME PAGE” & SUNDAY MORNING BEIT

**MIDRASH:** Join us at our newest learning program (in collaboration with the Kollel, TMK, EHA & YKHS) designed to engage the widest audience in the experience of Talmud learning at the same pace. **Sunday mornings 9-10 am**, beginning right after minyan with a light breakfast, learn with a chavruta or with a small shiur/chavura, available at all levels

– beginners, intermediate, or advanced. Men and women invited. For more information, or to coordinate a chavruta to learn with, please contact Alex Pudles at 732-616-5685. **To help offset costs, please consider sponsoring a morning of learning, for \$54.**

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### COMMUNITY NEWS

Tzvi & Gay Lee Freedman invite everyone to U City Shul for a Kiddush this week, August 6<sup>th</sup>, in honor of Dovid Freedman's engagement to Sari Silberberg of Monsey.

**MEAL TRAIN:** A meal train has been set up for a new family moving to St Louis from Boston. We welcome Charlie & Beth Lesch and their son Yehuda. The meal train link is: <https://mealtrain.com/59gol7>.

**ST LOUIS KOLLEL YARCHEI KALLAH:** The men's learning will take place at Agudah, August 8<sup>th</sup> – 11<sup>th</sup>. This year, the Women's Yarchei Kallah program is sponsored by The Sarah Adelman Memorial Fund and features Mrs. Sara Aliza Scheinberg. It will again be held in the Young Israel Beit Midrash on Monday, August 8<sup>th</sup> – Wednesday August 10<sup>th</sup> from 10:30 am - Noon. Topic: "The Chait HaEgel" . Cost: \$36 for all three days, which includes refreshments and all source materials Please make checks payable to The Sarah Adelman Memorial Fund. Additionally, there will be a Parenting Workshop for women with Mrs. Scheinberg on Monday August 8<sup>th</sup>, 8:00 – 9:00 pm upstairs in Young Israel and an inspiring session for post-high school girls with Mrs. Scheinberg on Tuesday, August 9<sup>th</sup>, 8:00 – 9:00 pm also in the Shul. For more info or to register please contact Shoshana Kowalsky at [skowalsky@stlkollel.com](mailto:skowalsky@stlkollel.com) or 314-726-6047.

**TOMCHEI SHABBOS:** Because the Tomchei Shabbos pantry has officially been closed, we are not currently in need of food donations. However, in order to help support our families, we are in dire need of monetary donations. To donate, please visit our website at [www.tomcheistl.org](http://www.tomcheistl.org), or call Jackie (997-6924) or Angela (802-7710).

**WOMENS' TEHILLIM GROUP:** Tehillim meets at Jan Adelman's home, 8032 Amherst, at 9:15 am. If you cannot participate in person, please call (314) 863-5438. The Tehillim hotline (names and updates) is: (314) 441-6460.

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### NCSY NEWS

- **Latte and Learning** - Wednesday night at Starbucks on Hanley and Wydown, 7:30 pm.
- **Parsha & Pizza** – is on hiatus for the summer.

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### TORAH MITZION KOLLEL NEWS

- **Mishnat Pinchas v'Sarah:** 5 minutes after Kiddush.
- **Mishmar learning:** Thursdays at Young Israel at 8:30 pm with Eitan Salomon.
- **Ruth Fredman Mother/Daughter Bat Mitzvah Program:** tba.
- **Ralph and Annette Raskas Bnei Akiva Snif:** Bnei Akiva is on hiatus.

**Welcome:** to our new TMK shlichim. Tal & Ginat Midler and their children Yagel, Roni, Ori and Ruth will arrive in St Louis on August 18<sup>th</sup> and will be living at 6918 Delmar (next door to

Bais Abraham). We look forward to having them in our community.

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### SHUL OFFICE & CONTACT INFO

Shul Office Hours: Mon, Fri 9:30 AM – 2:30 PM.

Tues, Wed, Thurs 11 AM – 4 PM

Deadline for announcements: Noon on Thursday

Deadline for Mazal Tovs 10 AM on Friday

*Rabbi Shulman's personal contact info: [shulman@milah.net](mailto:shulman@milah.net)*

*314-725-6130 (home study), 314-313-3120 (cell)*

Young Israel Web-site: [www.youngisrael-stl.org](http://www.youngisrael-stl.org)

To sponsor a weekly Shul Announcement, for \$36, email Judy

([info@youngisrael-stl.org](mailto:info@youngisrael-stl.org)) or call (314-727-1880)

# When Tisha B'Av Falls on Shabbat

Young Israel of St. Louis, 5775  
Rabbi Moshe Shulman

Dear Friends:

When the Erev Tisha B'Av falls on Shabbat, as it does this year, certain changes from the normal 'Erev Tisha B'Av' routine are required. The following is a brief guideline of the changes specific to such a year.

## 1. Seudah Mafseket

Normally, the final meal before Tisha B'Av ("Seudah Mafseket") is eaten in "mourning", sitting on the floor, eating a piece of bread and a hard boiled egg with some ashes. When Erev Tisha B'Av is Shabbat, however, these practices do not apply since no mourning is allowed on Shabbat. A proper "Shabbat" meal should be eaten at Seudah Shlishit, and this meal may even include meat and wine.

This meal should take place after mincha, and **care must be taken to complete this meal, including *birkat hamzon*, before sunset.** To accommodate this, *mincha* Shabbat afternoon next week will be scheduled earlier than usual, giving people the opportunity to return home, have *Seudah Shlishit* there, and then return to shul after the conclusion of Shabbat (see below).

## 2. Zmirot

Based on the *pesak* of Rav Moshe Feinstein, זצ"ל, it is permissible to sing regular Shabbat *zmirot* on this Shabbat, even at Seudah Shlishit, and even if one's normal practice is not to sing *zmirot*.

## 3. Havdala

Since one cannot drink the wine of Havdala on Saturday night (because of the fast), Havdala is NOT made immediately after Shabbat. Instead, only the blessing on the candle (*אָרוֹב יְרוּאֵם שָׂאָה* – *Borei me'roei ha'esh*) is made. After the fast ends Sunday evening, Havdala is recited over a cup of wine. At that time, the opening verses of Havdalah, beginning with *Hinei E-l yeshu'ati...*, as well as the blessing over spices, are **omitted**.

Note: If one needs to break their fast and eat on Tisha B'Av itself, one should say the Havdala, as described above, just prior to breaking their fast.

## 4. Shabbat Schedule

In order to allow people to eat a proper Seudah Shlishit at home, as well as return to shul for *Ma'ariv* and *Eicha* after Shabbat is over in Tisha B'Av attire, the schedule for this Shabbat will be modified from the usual.

- As mentioned earlier, Mincha will be scheduled early (**6:00pm**) allowing people to return home for Seudah Shlishit.
- The fast begins at sunset, **8:19pm**, and Shabbat ends at **9:01pm**.
- Ma'ariv has been delayed to **9:20pm** to allow people wait until after Shabbat to change into Tisha B'Av clothing and shoes and return to shul in 'Tisha B'Av mode' after Shabbat.
- ***Important:*** Please remember that after Shabbat ends, one should say the words: "יְרַב לִדְבַמָּה יֵיב שְׁדָק לִוְחָל" ("*Baruch Hamavdil bein kodesh lechol*") before doing any *Melacha*, or preparing for Tisha B'Av (including changing into Tisha B'Av shoes).

## 5. Motzei Tisha B'Av (Sunday)

In addition to Havdalah, another distinction exists regarding the end of the fast (Sunday evening) this year. Generally, the restrictions of the 9 days continue in force until mid-day the next day, reflecting the historical fact that the Temple burned through the 10<sup>th</sup> of Av. However, in a year in which Tisha B'Av is a *nidcheh* (postponed from Shabbat), the date of the fast day is already the 10<sup>th</sup> of Av. On such a year, all the restrictions of the 9 days end with the fast itself, with the exception of the restriction on meat and wine which remain in force till the next morning. (One may, however, drink the wine of Havdalah as mentioned above.) Thus, one may do laundry, bathe, swim, take a haircut, shave, listen to music, etc. all beginning Sunday night immediately after the fast.

If you have any further questions regarding the customs of this Shabbat or Tisha B'Av, please feel free to email or call.

*May you all have an easy fast, and through our mourning may we merit us to see Jerusalem totally rebuilt, speedily in our time, bimheira beyameinu.*

Sincerely,  
Rabbi Shulman

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Young Israel of St. Louis, 5776  
Rabbi Moshe Shulman

Dear Friends:

When the Tisha B'Av falls on Shabbat, as it does this year, certain changes from the normal 'Tisha B'Av' routine, particularly *erev Tisha Be'av (Shabbat)*, are required. The following is a brief guideline of the changes specific to such a year.

## 1. Seudah Mafseket

Normally, the final meal before Tisha B'Av ("Seudah Mafseket") is eaten in "mourning", sitting on the floor, eating a piece of bread and a hard boiled egg with some ashes. When Erev Tisha B'Av is Shabbat, however, these practices do not apply since no mourning is allowed on Shabbat. A proper "Shabbat" meal should be eaten at Seudah Shlishit, and this meal may even include meat and wine.

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- As mentioned earlier, Mincha will be scheduled early (**5:45 pm**) allowing people to return home for Seudah Shlishit.
- The fast begins at sunset, **7:57 pm**, and Shabbat ends at **8:39 pm**.
- Ma'ariv *motzei Shabbat* has been delayed to **9:00 pm** to allow people wait until after Shabbat to change into Tisha B'Av clothing and shoes and return to shul in 'Tisha B'Av mode' after Shabbat.
- **Important**: Please remember that after Shabbat ends, one should say the words: **"ברוך המבדיל בין קדש לחול"** ("*Baruch Hamavdil bein kodesh lechol*") before doing any *Melacha*, or preparing for Tisha B'Av (including changing into Tisha B'Av shoes).

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